

ART DUJOUR

VAL'S VIEW

VALERIE ELIASON IS A BOSTON BASED ARTIST AND AVID VOLUNTEER IN THE LOCAL COMMUNITY. SHE IS THE CO-HOST OF IT'S ALL ABOUT ARTS ON BOSTON NEIGHBORHOOD NETWORK TELEVISION.

So You Want to be a Food Writer.



These days, food writing is bigger and more diverse than ever. From the ever expanding genre of cooking shows, to the seemingly endless number of food blogs, food is practically a social movement. On Thursday, March 19th from 6:00 - 9:00pm,

The Boston Center for Adult Education will be hosting a food writing class! The class, taught by Jessica Spier, will be covering everything from recipe writing to journalism in food. Through thoughtfully constructed exercises, students will have the chance to explore various genres, techniques and stories that will help them fine tune and develop their own unique voices. For more information visit www.bcae.org or call 617-267-4430. Photo Credit: Chop Chop Novel

Teach a Child an Instrument..... About City Strings



"City Strings United" created in 2012 and led by Bithyah Israel transforms young lives through stringed instruments. According to Israel, "We excite youth, uplift families, and strengthen underserved communities through expectations of excellence. musicianship, character development and stewardship, create social change and allow opportunity for social justice. Our Core Values are: Integrity, Self-discipline, Respect, Peer Mentoring and Pursuit of Excellence". Consider attending or sponsoring their upcoming concert gala fundraiser on May 8, 2015 "Spring In The City". The event will feature saxophonist/vocalist Walter Beasley and will be held at Berklee's David Friend Hall from 6:30-9:00 pm. More info citystrings@hotmail.com or <http://www.citystrings.org>.

Boston City Hall ART

Check out the amazing free exhibits throughout Boston City Hall LIFT is a series of photographs celebrating four women powerlifters - women who defy physical and cultural stereotypes by Liane Brandon. They range in age from 27 to 60 and they are smart, interesting and strong. They have all won regional, national or world competitions Lodrina is a forensic computer expert who weighs 123 pounds and can lift (an astonishing) 385 pounds. She just placed first in national competition. Jessica has a bachelor's degree in kinesthesiology. Candace is a mom, the lead singer in a band, and a national titleholder. Jane, the oldest, is a grandmother who went to Wellesley College. She holds four world records. Brandon has created astounding images that convey the physical nature of the sport while evoking the spirit of these women. Location: Mayors Gallery, 5th floor Dates: March 1 - March 31, 2015 More info <http://www.cityofboston.gov/arts/visual/galleries.asp>

ART BRIEFS

An art invite from Congressman Stephen Lynch. The 2015 **Congressional Art Competition** is currently is open to all high school students in the 8th District. The overall winner of our district's competition will be displayed for one year in the U.S. Capitol. The exhibit in Washington will also include artwork from other contest winners nationwide. All entries must be received by Thursday, April 23, 2015. Entries should be sent to Congressman Lynch's Boston, Quincy, or Brockton District Offices and put to the attention of Araba Adjei-Koranteng. If you have any questions, please feel free to contact Congressman Lynch's office at (617) 428-2000

Animation Workshop

One day, two hour overview class with Kara Stokowski This workshop will introduce you to the world of video animation. We will explore terms like the persistence of vision, frames per second, and the difference between stop motion, hand drawn and computer animation. We will watch some short clips from different genres that use various techniques, and look at videos that use composite stop motion and live video. Saturday March 21 from 10 am - 12 pm \$50.00 Pre-registration required. Space is limited. Location: BNN TV, 3025 Washington Street, Boston, Egleston Square. Call 617-708-3224 or visit <https://www.bnntv.org/services/workshops>

With generous support from MathWorks, all **IMAX® films in the Mugar Omni Theater** each Friday in March (6, 13, 20, and 27) are free! Simply pick up tickets at the Museum box office on the day of the show only (first come, first served). More info <http://www.mos.org> or call 617-723-2500.



Congratulations to local artist Betty Ann Libby. She is one of the featured artists on Art in Giving. This organization raises funds for cancer researchers. Up to 50% of the proceeds from the sale of art through the efforts of Art in Giving are donated to The Rachel Molly Markoff Foundation. The Foundation is a 501(c)(3) public charity that makes grants to cancer researchers. Visit Libby's web site to see her beautiful mosaic art and ceramic sculptures at <http://betteannlibby.com>. To contact Art in Giving call 617-877-4230 or visit <http://www.artingiving.com>.

I dream a lot. I do more painting when I'm not painting. It's in the subconscious.

Andrew Wyeth

Art Dujour is brought to you by *Its All About Arts*, a television show on Boston Neighborhood Network Television with host Glenn Williams and co-host Valerie Eliason. The show features local artists both visual and performing and art administrators. Watch on BNNLive - Comcast 9 or RCN 15 or streamed live on bnntv.org. Mondays from 6-7 pm. To be a guest visit itsallaboutarts.com/cableshow.htm or call 617-543-7443. See shows at: <https://www.youtube.com/user/ItsAllAboutArts1>